

Diabetes Week 2015

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CHRISTINE E. LYNN COLLEGE OF NURSING

A Synopsis of the 2015 November Diabetes Risk Assessment Screening Data Findings Dr. Eugenia Millender, PhD, RN, PMHNP-BC, CDE







Financial Disclosure

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Financial Disclosure Statement : "I do not have any financial relationships relative to the content of this program."

Diabetes Week 2016

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Palm Beach County Diabetes Coalition

Mission Statement:

The Diabetes Coalition of Palm Beach County is an alliance of healthcare organizations and community partners working together to prevent diabetes and improve the lives of those living with or those who are touched by the disease through:

- Education
- Awareness
- Quality Services
- Management
- Advocacy

Vision Statement:

Palm Beach County is a national model for controlling and preventing the incidence of diabetes.

Diabetes Week Participants

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total surveys collected	3026
total #partners (ADA only)	2782
total # FAU outreach (ADA , Vital signs & Biomarkers)	244
total # unusable for results	90

2012	2013	2014	2015
740	927	2578	3026

Community Partners Participation

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ite of Screening	Count	%
Total Responses	2,706	
Possible Selections		
Caridad	247	9.13%
Genesis	17	0.63%
MyClinic	39	1.44%
Health Care District (user response) - 50		
Health Care District	1	0.04%
Health Care DistrictC. L. BRUMBACK CLINIC - BELLE GLADE	14	0.52%
Health Care DistrictC. L. BRUMBACK CLINIC - DELRAY BEACH	14	0.52%
Health Care DistrictC. L. BRUMBACK CLINIC - LANTANA	21	0.78%
Health Care DistrictC. L. BRUMBACK CLINIC - WEST PALM BEACH		0.00%
FAU Community Health Center		
Church Site (user response) - 311	110	4.07%
Church SiteCHURCH OF THE HARVEST FOOD PANTRY	39	1.44%
Church SiteREVIVAL COMMUNITY OUTREACH MINISTRIES	17	0.63%
Church SiteST ANN CHURCH	40	1.48%
Church SiteST. GEORGE EPISCOPAL COMMUNITY CENTER	91	3.36%
Church SiteST.JOHNS FISRT MISSIONARY BAPTIST FOOD DISTRIBUTION	14	0.52%
Church SiteTRUE FAST OUTREACH MINISTRIES		0.00%

Community Partners Participation

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33407	1
ACHIEVEMENT CENTERS	52
ADA WALK	57
BOCA HELPING HANDS	29
BOCA TRAN-WPB	1
BOCA YMCA	1
BOYNTON BEACH MALL	47
CENTER FOR FAMILY SERVICES	84
COMMUNITY HEALTH CENTER OF WEST PALM BEACH	32
DELRAY MARKETPLACE	12
DELRAY MEDICAL CENTER	20
ELSOL	110
FAU MEDICAL STUDENT	103
FLORIDA COMMUNITY HEALTH CENTER	43
FOUND CARE	42
GLADES INITIATIVE	317
GREEN MARKET BOCA RATON	19
HEALTHIER JUPITER	118
JOHN PRINCE PARK OBESITY COUNCIL EVENT	28

Community Partners Participation

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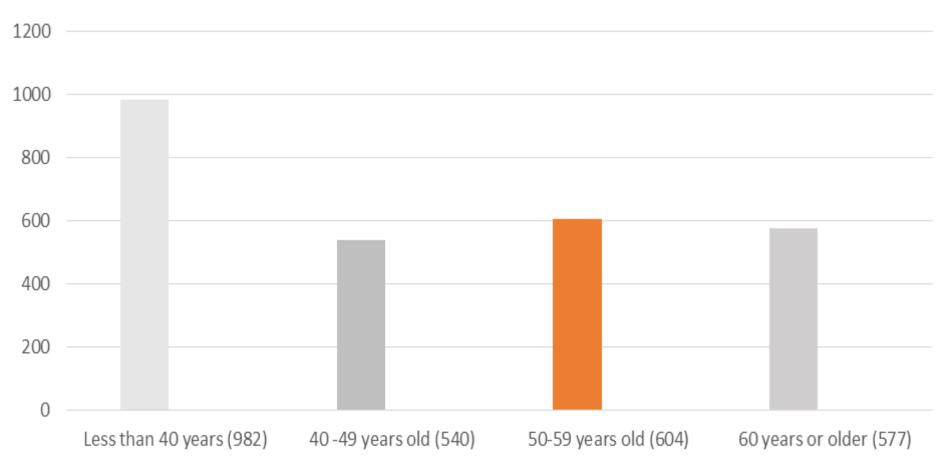
JUPITER MEDICAL CENTER	150
LAKESIDE MEDICAL CENTER	114
MANDEL JEWISH COMMUNITY CENTER	11
MED-CARE DIABETIC AND MEDICAL SUPPLIES	50
PALM BEACH COUNTY FOOD BANK	14
PALM BEACH ELEMENTARY SCHOOL	30
PALM BEACH OUTLETS	211
PALM TRAN - WEST PALM BEACH	2
PALM TRAN DELRAY	31
PALM TRAN WPB	40
PERSONAL PHYSICIAN CARE COMMUNITY CENTER	69
POMPEY PARK	30
REVIVAL COMMUNITY OUTREACH MINISTRIES	2
ROLLING GREEN ELEMENTARY	24
SUNCOAST HIGH SCHOOL	17
True Fast Outreach Ministries	2
WELLCARE HEALTH FESTIVAL	8
Whole Foods Boca	39
YMCA BOCA	49
YMCA BOYNTON	18

Demographics (Age)

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Age (N=2703)



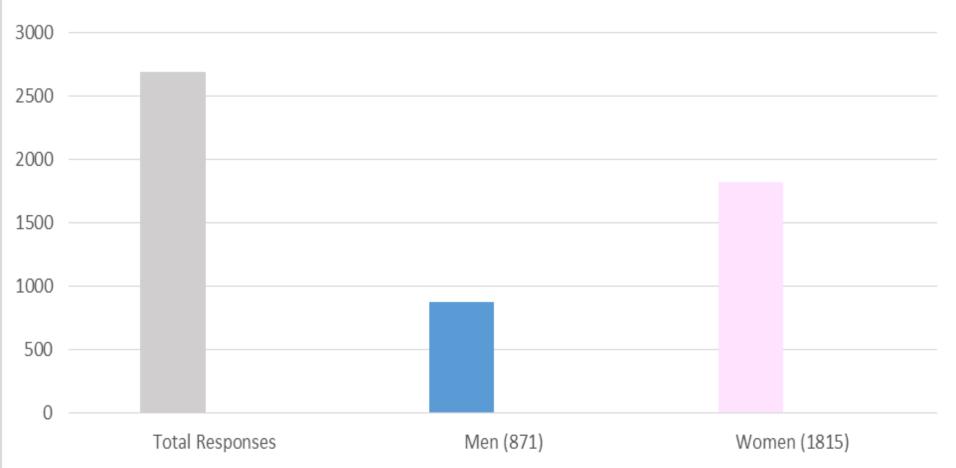


Demographics (Gender)

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Gender (N=2686)

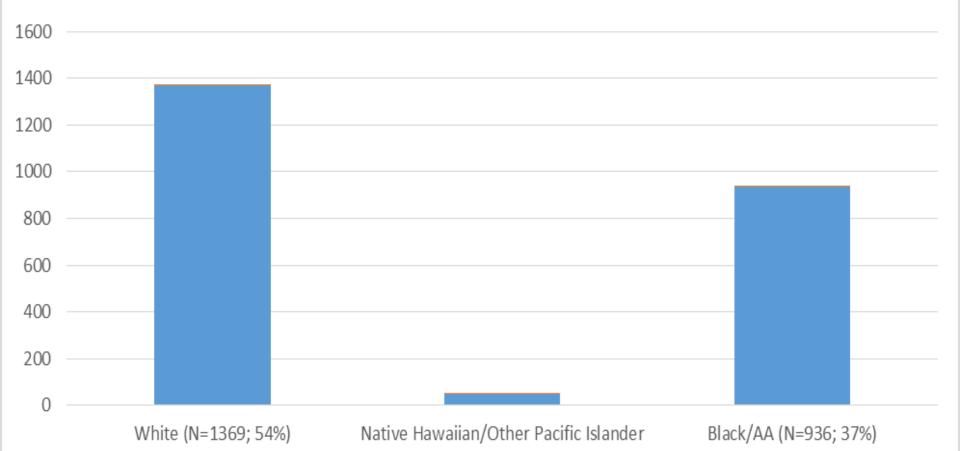


Demographics (Race)

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RACE (N=2530)

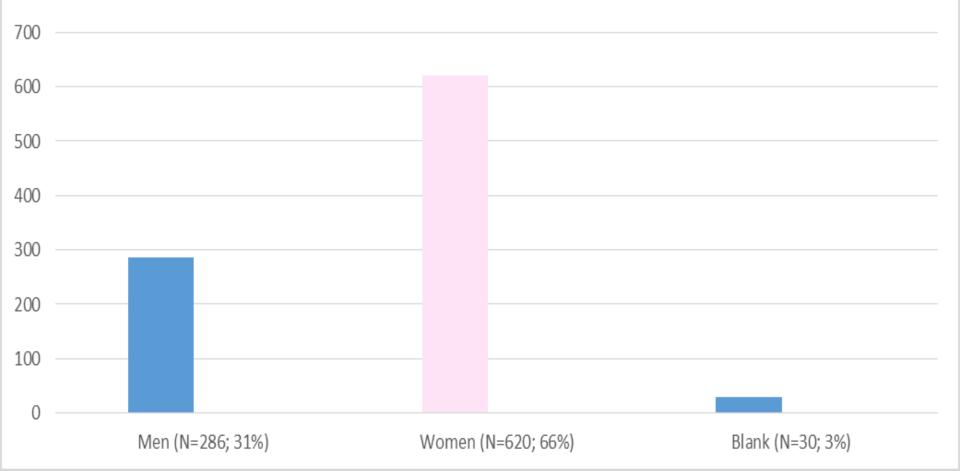


Demographics (Race)

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Black/AA (N=936; 37%)

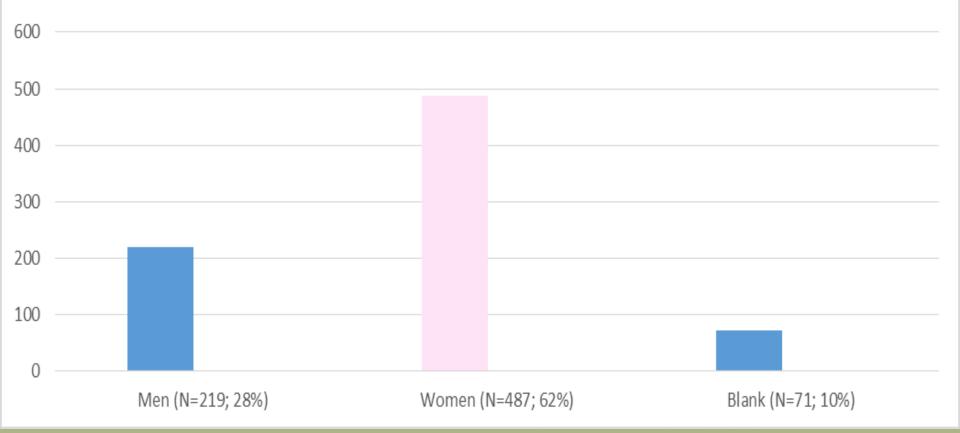


Demographics (Race)

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Hispanic/Latino N=786



Demographics (Country of Birth)

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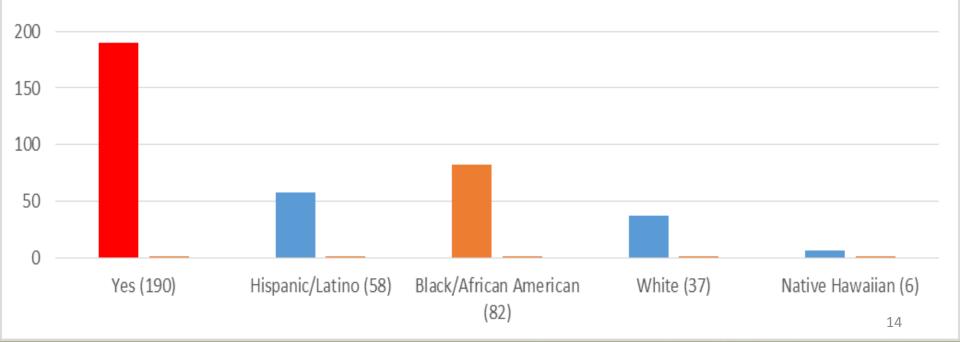
Country of Birth		
United States of America	1,491	65%
Haiti	316	14%
Mexico	168	7%
Guatemala	123	5%
Jamaica	63	3%
Colombia	46	2%
Puerto Rico	25	1%
Honduras	22	1%
Canada	16	1%
Brazil	12	1%
Peru	6	0%
	2,288	100%

Question #1

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Gestational Diabetes No= 1612 (89%) Yes = 190 (11%) Total= 1802





Question #2 – Family History

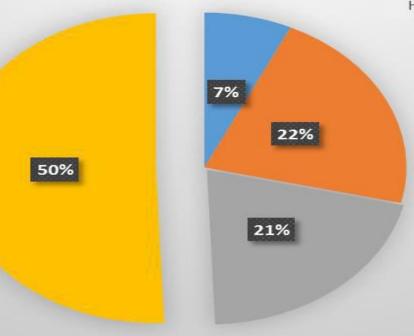
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Family HX No (N=1630) Yes (N=817) Total: 2447 Yes, Man (N=70) Hispanic/Latino

- Yes, Man (N=216) Non-Hispanic/Non-Latino
- Yes, Woman (N=206) Hispanic/Latino

 Yes, Woman (N-505) Non-Hispanic/Non-Latino



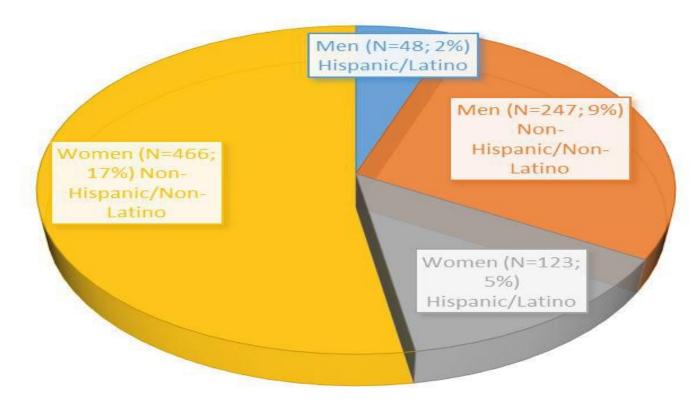


Question #3 – Diagnosed with Hypertension

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DX WITH HTN NO (N=1779; 66%) YES (N=884; 34%)

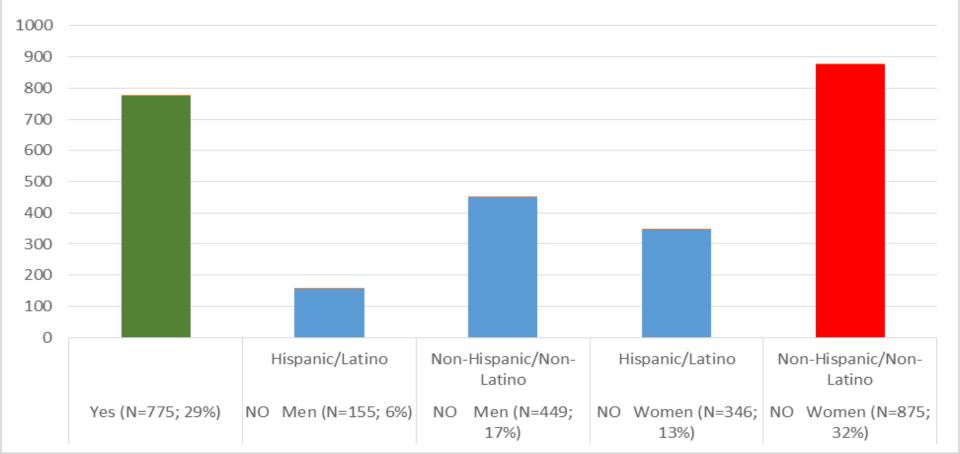


Question #4- Are you Physically Active

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Are you physically active N= 2699





Total ADA Risk Factor > 5

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ADA score (N=2715)

N=2715 (100%) N=1018 (37%) ADA Score greater than 5

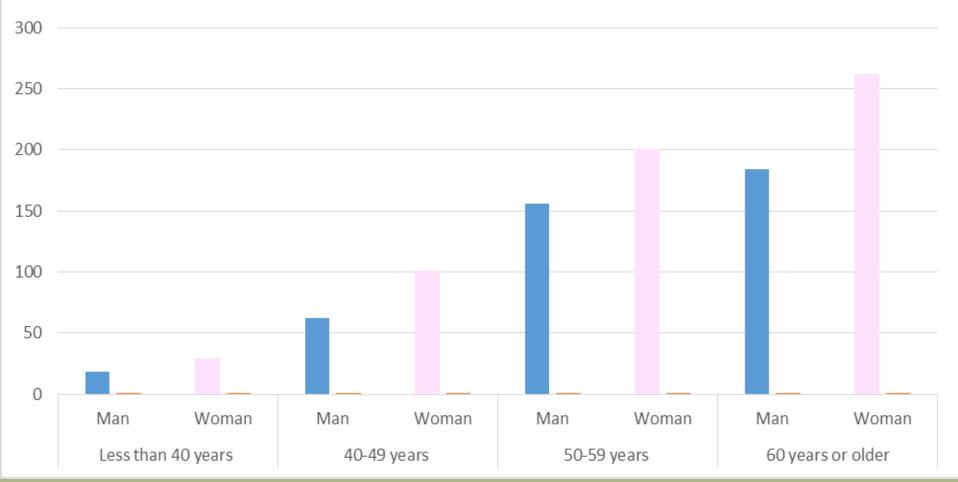


Total ADA Risk Factor > 5

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ADA Score >5 by Gender





FAU Participants

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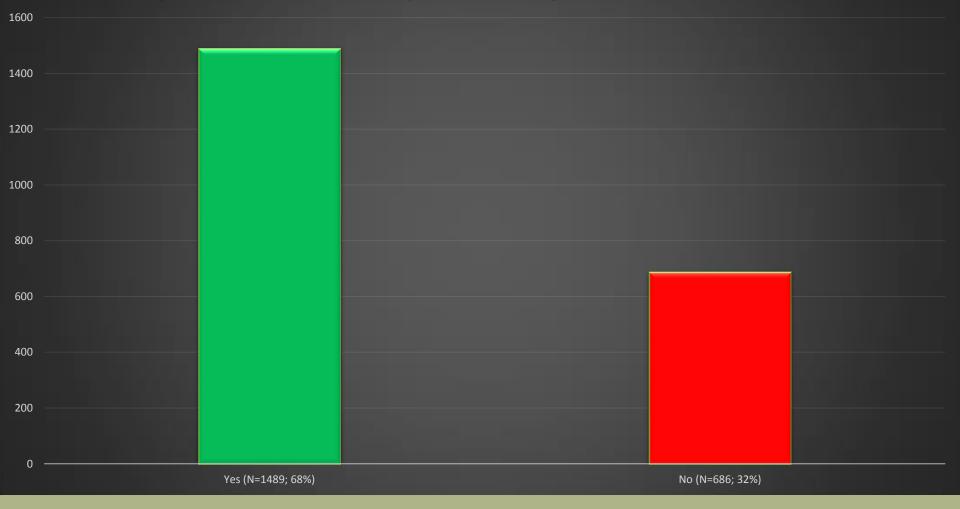
Row Labels	BLACK	HISPANIC	WHITE	Grand Total
F	142	20	4	166
Μ	56	14	5	75
Blank				3
Grand Total	198	34	9	244

	Male BLACK	Female BLACK	Male HISPANIC	Female HISPANIC	Male WHITE	Female WHITE
Average Risk Score	4.37	4.03	4.79	3.65	3.80	2.5
Average BMI	<mark>25.61</mark>	<mark>29.9</mark>	<mark>26.64</mark>	<mark>30.55</mark>	<mark>28.20</mark>	<mark>28.25</mark>
Average Waist	35.41	<mark>37.42</mark>	35.93	34.9	36.60	34
Average Glucose	<mark>126.53</mark>	<mark>109.84</mark>	<mark>107.77</mark>	<mark>117.65</mark>	<mark>105.00</mark>	<mark>113</mark>
Average TC	181.35	180.69	189.46	182.15	146.80	142.33
Average HDL	51.57	54.45	45.77	52.21	36.80	61
Average TRG	194.29	153.62	<mark>218.92</mark>	<mark>204.5</mark>	<mark>202.00</mark>	65.33
Average LDL	96.07	<mark>103.48</mark>	99.77	97	81.00	45
Average Systolic	<mark>139.04</mark>	<mark>137.3</mark>	<mark>134.71</mark>	127.3	124.00	141
Average Diastolic	<mark>85.29</mark>	<mark>84.35</mark>	<mark>84.43</mark>	<mark>82.6</mark>	<mark>82.80</mark>	87



Seek Medical Attention

Will you use the information provided today to seek medical attendtion?



Top 5 High ADA Risk Zip Codes

Belle Glade

33430

248

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				West Palm B	each		
			N=608	E. 95	3	3401	57
				Mangonia Pa	rk 3	33407	49
				W. 95	3	3409	30
250							136
250				North Palm B	each		
				Lake Park	3	3403	19
				Riviera Beach	3	3404	49
200				North Palm B	each 3	3408	10
200							78
				Jupiter	3	3458	67
150				Pahokee	3	3476	76
	and the second se						
100							
50							
50							
						7	
0							
	Belle Glade (33430)	WPB*	LP/RB/NPB*	Pahokee (33476)	Jupiter (33458)	22	

Other Partners

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Enroll America

- This year the Coalition collaborated with Enroll America. During Diabetes Week, we were able to refer over 70 individuals (some of whom have families) to Enroll America.
- Our goal for 2016 is to further expand the collaboration with Enroll America.

Limitations

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- Data collection challenges
 - Missing/blank information
 - Manual data entry
- Descriptive information
- Limited scope of analysis

Next Steps

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- Further clean data
- Additional statistical analysis
- Cross-year longitudinal analysis
- Geospatial mapping
- Evaluate data collection for coming year
 - Electronic version
 - Additional indicators

Discussion FLORIDA ATLANTIC UNIVERSITY

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Questions, suggestions, & next steps discussion